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Apartment cleaning tips



Ugh! Look at your apartment. What a mess. Embarrassing? Maybe (or not). Regardless of how you feel about the mess, you should really find the time to tidy up the place. Nevertheless, you understandably lead a busy life and have priorities. Cleaning? Not likely one of them. Anyway, who has the time to work, raise a family while keeping the apartment spotless? It's an unrealistic expectation or so it would seem. Some people find a way to keep the place reasonably clean. But how? The solution isn't really a difficult one at least for people with extra spending money. What about everyone else?



Not rich? Not a cleaning person? Pressed for time? This presents a problem. Presumably, hiring a cleaning service isn't an option and you know it. Why else would you be here curiously reading about apartment cleaning tips?

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You could do it yourself or find a friend and not just any friend. Ideally, the friend you choose would be an organized one. The person would need to know something about cleaning and maintenance. The person must also be willing to help. Since you cannot afford to pay this person, the assistance would be a favor to be returned in a manner of your choosing.



What if your place is more than a mess? What if it's so messy it resembles a garbage dump? The favor may be a big ask. Try to do the cleaning job yourself if possible. Whether you have made a decision to clean the messy apartment yourself or somehow managed to convince a friend into doing you a favor, you may want to start with the most obvious problems. Doing so provides incentive and could be encouraging especially to someone who is prone to being easily discouraged. Seeing measurable results can inspire an unexpected motivation.

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Obvious problems? Identify the clutter in the apartment. Clutter? It's a vague word but most of us know it when we see it. Out of place things lying around that belong elsewhere. Examples? Look around the apartment. Now? Yeah, right now! Do you see any clutter? It can be something you own, something you rented or something that belongs to someone else; something you've borrowed but have yet to return. So identify the clutter. Put everything back and return everything else.

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Perhaps it is the dirty dishes in the sink; the yet to be laundered, wrinkled clothes strewn over the chairs in the bedroom; the empty beverage cans piling up on the kitchen table; the jam packed garbage cans right next to the filthy refrigerator with the excess garbage spilling out onto the floor. It's possible we may have missed a few things that you're now noticing.

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It may be helpful to make a list of things to do for each room. Place the list in plain sight; on the wall or kitchen refrigerator. Cross off the completed tasks on the list that you have finished. It should be helpful when keeping track of your progress. Progress is a source of motivation. You'll feel less discouraged eventually. Completing the task is an encouraging feeling.



The real work begins once all of the clutter has been removed. It's probably a good idea to start with the worst problem. This is the room requiring the most attention, typically bathrooms. After showering, clean the shower door or curtains. Scrub the tub and remove all the tub residue. Clean the fixtures, the floors and wall tiles including grout between the tiles. Clean the mirrors last.

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The next worst problem is usually the kitchen; the best place to begin cleaning is where all the action is: the kitchen sink. Clean the oven both inside and out, the range and the refrigerator. Don't forget to scrub the filtered water dispenser. Clean the counterspace and counter walls. Remove the residue that splashes onto the walls, especially in a busy kitchen.



After you've cleaned the bathroom and the kitchen, the rest should be easy. You've made it this far; you know what to do. Simply apply what you've learned about cleaning from the prior tasks. Once you've successfully completed the project, you may not dread the thought of heading home after work. It is quite possible you might even look forward to doing so. It's likely; now that you've made the place habitable. You'll almost immediately notice the measurable benefits of a cleaner living space. You'll soon realize that it is not as difficult to get things done when the stuff you need is easier to find.

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